aré-Schedule Summer-First...

Honor God

- Read Bible
- Read Devotional
- Have quiet/prayer time

Honor Myself

- · Eat meals at times it is being offered
- Get Dressed
- Brush Teeth in AM & PM
- Do Hair
- Play Outside/Exercise
- Use my Brain

Honor My Family

- Help a family member with a job
- · Say something kind to a family member
- Feed/Walk the dog

Honor My Home

- Make my bed
- Empty/Load Dishwasher
- Help with laundry
- · Clean up toys
- Take out trash



Then...

Once you have done all of these. you can then have screen time.



Ideas to use my brain & body...

- Read a book
- Be Creative: draw, paint, journal, craft
- Build something: legos, fort, blocks, puzzle
- Workbook, flashcards
- Play a board game, chess, checkers
- Practice Piano/Ukulele
- Dance party
- Use your imagination: play dress up, tea party
- Write a friend or relative
- Go Noodle Video
- **Bike/Scooter**
- **Sports**

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